

Autumn Reflexology Dates (October 2023 to April 2024)

(Practical Classes only will be in-house, all theory will be taught via zoom to save you travelling. You need to be available to attend class each week and we will advise as we progress along the training which are zoom and which are in-house,) **any class that does not say zoom is in house.**

Reflexology

Tuesday evenings, (7-10pm in house)

October: 03 (zoom induction), 10, 17, 24

November: 07, 14, 21, 28

December: 05, 12, 19

January: 09 (zoom), 16, 23, 30

February: 06, 20, 27

March: 05, 12, 19, 26

March: Sunday 10 inhouse (10am-6pm)

April: 09, 16,

April: Sunday 07 & Sunday 21 (10am-6pm inhouse)

Or

Wednesday mornings, (10am-1pm in house)

October: 04 (zoom induction – if you can make the Tuesday night 02 that would be great, please let us know

October: 11, 18, 25

November: 08, 15, 22, 29

December: 06, 13, 20

January: 10 (zoom), 17, 24, 31

February: 07, 21, 28,

March: 06, 13, 20, 27, & Sunday 10 inhouse (10am-6pm)

April: 10,

April: Sunday 07 & Sunday 21 (10am-6pm inhouse)

Anatomy Module only – via zoom live classes or online self study

Mostly Wednesdays (7-10pm) 2023

October: 11 Wednesday (Introduction)

November Wednesdays: 01 (Cells & Tissues)/November 15 (Skeletal system)/ November 29 (Muscular)

December 20 Wednesday (7-10pm)

December 10 Sunday (9am-6pm): (Digestive/Lymphatic/Immune/ Skin) all day zoom.

January 10 Wednesday – (Nervous system) // January 24 Wednesday (Endocrine) February

07 Wednesday (Reproductive systems) // February 15 Wednesday - (Urinary system)

April 08 Monday (exam preparation class 7-10pm)

Energy Management & Energetic applications of your therapy – via zoom

September 2023: Saturday 23 & Sunday 24 (we recommend this option)

or

January 2024: Saturday 20 & Sunday 21 – Times: 9am-6.00pm both days

Professionalism & Legality for the Holistic therapist- via zoom

October 2023: Friday 13 (6-10pm) & Saturday 14 (9.00am-6.00pm) (we recommend this option)

or February 2024: Friday 09 (6-10:00pm) & Saturday 10 (9.00am-6.00pm)

Examinations- final assessments

ITEC Final Assessments **April 2024** – Sunday 21, Saturday 27 & Sunday 28 (09.00-18.00pm) (to be confirmed by ITEC nearer the time)

Holidays as follows

Xmas – 21 December 2023 to 08 January 2024

Mid-term break February – week starting Monday 19th February 2024- no Reflexology classes

Halloween break October – week starting- Monday 30 October 2023- no Reflexology classes

Easter break – Monday 25th March – Sunday 7th April- no Reflexology classes