

ITEC HOLISTIC MASSAGE DIPLOMA – COURSE OUTLINE

The cost of the ITEC Holistic Massage Diploma for 2025-2026 is €1,495 (this includes all exam fees). You can pay upfront in full or pay in installments: €250 per month over 6 months.

This course is split into 4 modules

- Anatomy & Physiology – self-study module
- Professional Conduct and Business Awareness – self-study module
- Energy Management – compulsory 2 day course over a weekend via zoom early 2026
- Holistic Massage Theory (via zoom) & Practical – (in house) – starting late February 2026

We are offering students the chance to take this Diploma at a flexible pace. Once you sign up and pay your deposit, you will be signed up to our student learning platform, Moodle, where you will have access to the Anatomy & Business modules. The Holistic Massage theory is taught via zoom & inhouse along side the practical. The practical module will be starting early in 2026. For the practical module you will be required to come in-house to the college here in Navan one or two weekend days per month starting in February 2026 (dates are on our website – www.greentara.ie)

Once all modules are taken and all assignments submitted, the final exams will be held in July 2026 (there will be an option to take the Anatomy & Business exams in November 2025 if these modules have been completed). Thereafter, you will receive your official diploma from ITEC. ITEC is a government regulated training allowing you to practise worldwide and to gain insurance in Ireland or abroad. We also issue you with a Green Tara Certificate in Holistic Massage and a Certificate in Energy Management. You can further your studies with our very popular postgraduate courses. You can also progress on to further ITEC Diploma courses.

At the college here in Navan we provide the massage plinths in the classroom. However, you will be required to buy some equipment such as a massage table cover, couchroll, towels and stationery. This equipment will be required for use during each inhouse class. A therapist's uniform will also be a prerequisite from day 1 of the in-house classes.

Upon graduation, as a thank you, we provide our Diploma students with a gift voucher which can be redeemed against one of our many postgraduate courses.

If you require further information, you can phone us on 046 9060600 or email siobhan@greentara.ie and we would be delighted to answer any questions you may have.

Kind regards

Majella Fagan – College Director

Siobhan Woods – Office Administrator