

ITEC HOLISTIC MASSAGE DIPLOMA – COURSE OUTLINE

The cost of the ITEC Holistic Massage Diploma for 2026 is €1,495 (this includes all exam fees). You may also pay in instalments.

This course is split into 4 modules

- Anatomy & Physiology – self-study module
- Professional Conduct and Business Awareness – self-study module
- Energy Management – compulsory 2 day course over a weekend via zoom
- Holistic Massage Theory (via zoom) & Practical – (in house)

We are offering students the chance to take this Diploma at a flexible pace. Once you sign up and pay your deposit, you will be signed up to our student learning platform, Moodle, where you will gain access to the Anatomy & Business modules. The Holistic Massage theory is taught via zoom & inhouse along side the practical. For the practical module you will be required to come in-house to the college here in Navan (dates on our website).

Once all modules are taken and all assignments and case studies are submitted you will take the assessments and will receive your official diploma from ITEC. These assessments will be held on Saturday 28th and Sunday 29th November 2026. ITEC is a government regulated training allowing you to practise worldwide and to gain insurance in Ireland or abroad. We also issue you with a Green Tara Diploma in Holistic Massage & Energy Management. You are eligible to further your studies with our very popular postgraduate massage courses which are held in house on an ongoing basis or progress onto our other ITEC Diplomas in Aromatherapy, Reflexology or Reiki. The awards you receive are academic and you will not be required to sit the Anatomy & Physiology or the Business modules again if you do decide to take another ITEC Diploma Course.

Upon graduation, as a thank you, we provide our Diploma students with a gift voucher which can be redeemed against one of our many postgraduate courses.

If you require further information, you can phone us on 046 9060600 or email siobhan@greentara.ie and we would be delighted to answer any questions you may have.

Kind regards

Majella Fagan – College Director

Siobhan Woods – Office Administrator